

Pittsfield Village News

April 2012 Edition | www.facebook.com/pittsfieldvillage | www.pittsfieldvillage.com | www.pvcondoboard.wordpress.com

ROAD WORK AHEAD!

Notice of Temporary Traffic Control Plan for Packard Rd.

As you all probably know by now, there is a major construction project happening right now on Packard Rd. which will affect all Village residents in one way or another. Below is the information given by the city regarding the project; including the dates the project will be taking place, the areas that will be affected, and most importantly the traffic plan. For more information visit www.a2gov.org.

Expected Dates of Construction Project:

April 2, 2012 to August 2012

Location and Limits of Affected Area:

Packard Road between Platt Road and the US-23 overpass.

Description of Work:

The Packard Road Water Main Replacement and the Resurfacing Project includes the

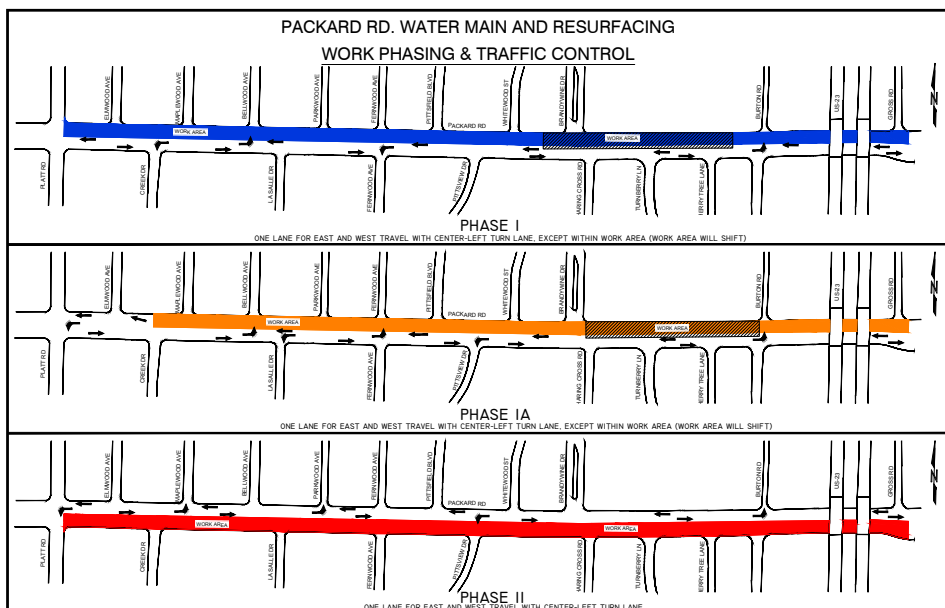
installation of a new 12-inch water main. After the completion of the water main installation, the full width of Packard Road will be repaved.

Temporary Construction Traffic Control Plan:

For the duration of the construction, Packard Road between Platt Road and the US-23 overpass will be restricted to one lane in each direction with a center left turn lane, except within the construction work area.

The construction includes three phases, where Phase I includes the installation of the new water main along the north half of Packard at the intersection of Platt Road. Phase II includes the installation of the new water main along the north side of the remaining portion of Packard Road and the resurfacing of the pavement along the north half of Packard Road. During

See **Road Work** Page 3



GARDEN MARKERS

A request form was sent out recently, but here is a re-cap:

Residents who wish to maintain the beds around their unit may do so if they mark their bed with a garden marker and keep it free of weeds and debris. The markers are to be placed in the beds around the unit to let the grounds crews know that the beds are already being maintained (by you!). You must sign the form insuring that the guidelines will be followed.

- Markers must be in beds by April 20th.
- Garden markers indicate the beds that you plan to maintain. If you wish to only maintain the front bed then that is where the markers should be placed.
- Garden markers should be placed so they are readily visible.
- Care of the beds includes the trimming and maintenance of shrubs.
- All front & back beds, including those with garden markers, receive mulch from the Village, unless a request to the contrary is placed with the office.
- All front beds receive pre-emergent weed inhibitor unless a request to the contrary is placed with the office.
- Where beds with garden markers have become weedy or have collected debris, the Village will send the resident a written notice requesting that weeds and debris be removed within 10 business days.
- If you change your mind about self bed maintenance, just remove the garden markers and notify the Pittsfield Village Office.

Board of Directors

Justin Ferguson

President

(734) 353-4248

justin.ferguson@pittsfieldvillage.com

Laura Zeitlin

Vice President

(734) 677-6870

laura.zeitlin@pittsfieldvillage.com

Ken Sylvester

Treasurer

(734) 476-0041

ken.sylvester@pittsfieldvillage.com

Jessica Lehr

Secretary

(734) 891-6073

jessica.lehr@pittsfieldvillage.com

Aaron Pressel

Member-at-Large

(734) 678-4074

aaron.pressel@pittsfieldvillage.com

Committee Chairs

Greg Witbeck

Ad-hoc Governance Committee

Jason Beckerleg

Communications Committee

Margarita Garcia-Roberts

Finance Committee

Elizabeth Hunsche

Landscape Committee

Darleen Boynton

Modification & Maintenance Committee

Management Office

Melissa Brown

Community Manager

2220 Pittsfield Blvd.

Ann Arbor, MI 48104

Email: office@pittsfieldvillage.com

Phone: 734-971-0233

Fax: 734-971-3421

Monday 8:30AM - 6:00PM

Tues.- Fri. 8:30AM - 5:00PM

HEALTHWISE

ORAL HEALTH

Your oral health is more than sparkling, white teeth. It's also about protecting your mouth from plaque, the sticky bacteria that can build up on your teeth and gums. The bacteria produce acids in your mouth that can weaken your tooth enamel, leading to tooth decay, tooth loss, and irritating your gums. Your oral care keeps your teeth healthy, prevents loss of function, and helps avoid painful dental problems. Oral health can mean different things for different people. It's also important to understand your susceptibility to dental disease.

A manual or electric toothbrush are effective in cleaning your teeth, provided you're brushing correctly. Choose the style that works best for you, then brush twice a day with fluoride toothpaste, and replace your toothbrush (or the head of your electric toothbrush) every three to four months.

Everyone brushes the chewing surface of their teeth, but some people miss the other surfaces, such as the fronts and backs of each tooth and the surfaces that face the insides of the cheeks, as well as the lips, tongue, and roof of the mouth.

To brush for optimal dental health, place your toothbrush at a 45-degree angle against the tooth and gum on each surface of each tooth for one or two seconds. For healthy teeth in the back of your mouth, it helps to close your mouth over the toothbrush to create more room.

Your oral health routine should always include brushing your tongue or using a tongue scraper. That's important because foods can get stuck in the grooves of your tongue, causing bacteria to grow. Other oral health problems that can develop if you don't clean your tongue are a bad taste, staining on your tongue, and bad breath. Bacteria that can lurk between your teeth where your toothbrush can't reach, causing decay, which is why flossing is a necessity. Any type of waxed floss should work well. Be sure to slide the floss between the tooth. If there's space between your teeth and gum line. Using an interdental cleaner may work better than floss. If you have a bridge, you may want to use an interdental cleaner or a special floss threader that can effectively clean underneath the bridge.

If you're brushing and flossing well, you're probably doing a good job of maintaining your oral health.

An antimicrobial mouthwash can kill bacteria in

the mouth. If you're at risk for some oral diseases, your dentist may order a prescription-strength mouthwash for you to use.

Eating food with added sugars can lead to an increased risk of cavities, a dental health concern even for adults. The sugar can change the environment of your mouth and make it more favorable to the bacteria that create acids and lead to cavities. When you do snack on sugary foods (including acidic fruits), protect your dental health by following the food with a glass of water to dilute the acids in your mouth.

Chewing sugarless gum after a meal creates additional saliva in your mouth that helps to

neutralize the acids. Chewing gum doesn't replace brushing or flossing, but studies have found that chewing sugarless gum for 20 minutes after eating may help maintain healthy teeth and prevent tooth decay, according to the American Dental Association.

Ann Arbor has added fluoride to community water systems, which is an effective public health measure for preventing

tooth decay, according to the American Dental Association.

Smoking cigarettes may be one of the biggest risk factors for gum disease. Also, smokers who have been treated for gum disease or have had oral surgery heal more slowly than people who don't smoke. In addition, smoking is associated with oral cancer, and it can leave yellow nicotine stains on your teeth and cause bad breath. For optimal oral health — and overall health — throw out those cigarettes.

Dental insurance means you're more likely to go to the dentist every six months for regular check-ups and cleanings to preserve healthy teeth and oral health in general. Regular check-ups mean you're less likely to lose teeth as a result of gum disease and cavities. If you can't buy insurance and dental visits are too expensive, look for a community-based clinic that gives discounts. U-M school of dentistry and HOPE dental clinic are two sources.

Although steps to good oral care may take a few extra minutes each day, the benefits of having healthy teeth and gums are well worth the effort.

To your best health,

~Brenda

Village Resident



Follow-Up Information on DTE Smart Meters

Tracy L. Vincent
Administrative Assistant
Manager

For those of you who would like more information on the DTE Smart Meters, we have compiled some follow-up information about them.

Basically, the meters are designed to not only be more accurate, but to save money having to send a meter-reader out to the property. They will eventually allow individual users to monitor their own energy usage hour-by-hour. The whole process is designed to update and modernize the utilities infrastructure. There is the possibility that these wireless meters are going to be the way things are done in the future with all utilities. It is our hope that they are installing safeguards against unauthorized access to the information, which I'm sure, is a concern for everyone.

For those skeptics out there, DTE is offering an opt-out procedure. We've been told that there are additional costs involved with opting out, but the amount is not known at this time. There is an ongoing investigation, because of the alleged health issues (radiation from the meter leads to "neurological, hormonal and metabolic damage. . . may cause cancer. . . Smart meters cause dangerous levels of ionizing radiation to penetrate your home continuously at close range. 3 to 15% of residents are now getting sick from radiation") and the protection of privacy of information.

AMI (the Smart meter installers) and DTE will not honor the opt-out until after June 29, 2012.

There could be a cost involved to have an already installed Smart meter taken off a house and for those who keep the analog meter, the monthly cost for a meter reader to continue to come out and take the analog box's reading will be \$10.00/month, a small cost compared to a 2-4 fold increase in monthly rates once the Smart Meter is installed.

Further, what happened in the metropolitan Detroit area is that with the Smart Meter pulsing every three minutes, some



An Accu-Read Meter Technician installs a new DTE Energy smart meter at the home of an Ann Arbor resident.

houses, perhaps those with inadequate or older wiring, is causing fires to break out.

So it is unclear where all this will end up.

For More Information

Smart Meter related websites:

- <http://www.w4ar.com/Smart-Meters.html>
- www.freedomtaker.com
- www.refuseSmartMeters.com
- www.StopSmartMeters.org
- www.Electrosensitivity.org
- www.abcEMF.com
- www.WeepInitiative.org
- www.ElectromagneticHealth.org
- www.EMFSafetyNetwork.org
- www.electricalpollution.com
- www.international-emf-alliance.org
- E-mail address: StopSMMnow@gmail.com.

Below is a link to a comprehensive video explanation on smart meter radiation. A credentialed speaker goes into how the smart meter works, and how the radiation affects people who are more sensitive - about 3% of the population, with 35 percent being moderately sensitive.

- <http://www.emwatch.com/smart-meterradiation.htm>

Spring Site Walk

The Committees, along with the Site Manager and Maintenance personnel, will be conducting a site walk in the next couple of weeks. Many items will be noted; including, but not limited to:

- Dead or dying landscaping (trees, shrubs, plants)
- Lawn/grass issues
- Violations (pet waste, common element storage, etc)

Just a friendly reminder to co-owners to please clean up decks and patios, and make sure trash cans are properly stored within the enclosures.

Let's all help to make Pittsfield Village *THE* pristine place to live.



Road Work from Front Page

Phases I and II the center left turn lane will be eliminated within the construction work area, which will gradually progress eastward. Phase III includes the concrete and road resurfacing along the south side of Packard Road. Attached is a drawing of the traffic control.

To maintain the safety of all, please reduce speeds and drive cautiously through work zones. Pedestrian traffic will be maintained during this project.

We thank you in advance for your patience as these necessary public infrastructure improvements are completed.

Project Information:

A project website will be updated weekly and can be found by going to the City's Website at www.a2gov.org.

April 2012 Community Calendar

April 3rd

Modification & Maintenance Committee Meeting

6:30PM - 8:30PM @ The Community Building

April 17th

Landscape Committee Meeting

6:30PM - 8:30PM @ The Community Building

April 19th

Finance Committee Meeting

6:00PM - 7:30PM @ The Community Building

April 20th

Board of Directors Meeting & Open Forum

6:15PM Open Forum, 6:45PM Meeting @ Community Building

April 20th

GARDEN MARKERS MUST BE IN BEDS

See *GARDEN MARKERS* on the front page for more details

Looking Ahead. . . May 2012

May 1st

Modification & Maintenance Committee Meeting

6:30PM - 8:30PM @ The Community Building

May 15th

Landscape Committee Meeting

6:30PM - 8:30PM @ The Community Building

May 17th

Finance Committee Meeting

6:00PM - 7:30PM @ The Community Building

May 19th

ANNUAL FLOWER GIVEAWAY!

11:00PM - 3:00PM @ The corral behind the Community Building



To keep up with all the latest happenings in and around Pittsfield Village, visit www.facebook.com/pittsfieldvillage and click "Like". We look forward to connecting with you!



Pittsfield Village
Communications
Committee

Bulletin

SEEKING REFERRAL FOR BATHROOM FAN INSTALLATION

I'm trying to get some prices on installing a fan in my bathroom. I was wondering if anyone else in the Village who has had this done (or has done it themselves) could recommend someone for the job. If so please email Julie at Julie@JulieAustin.com.

Thanks!

LOOK FOR ANNUAL MEETING PACKETS IN THE MAIL SOON

Our annual Pittsfield Village community meeting will be taking place soon. You will be receiving a very important packet in the mail soon that will include an agenda for the meeting, a payment coupon booklet (unless you are enrolled in automatic payments), and details about where and when the meeting will be taking place.

MARKETING MATERIALS AVAILABLE FOR SELLERS

The office have community brochures and other marketing material for owners who are selling their units. The information provides a brief history of the community along with the association matrix that will possibly help answer questions of potential buyers.

If you would like a packet email office@pittsfieldvillage.com or call the office at 734-971-0233.

SEEKING CONTRIBUTORS FOR THIS NEWSLETTER

We are looking for residents to contribute to this newsletter! Anyone interested in contributing writing, photography, content ideas, or even a classified ad for this bulletin, is encouraged to contact us via email at pittsfieldvillage@gmail.com.